

**AMENDMENTS TO THE SPECIFICATION**

Please delete the paragraph beginning on page 5, line 34 and ending on page 6, line 12, and replace with the following paragraph:

For aesthetic reasons, it will be sought to keep the outward appearance of the shoe as normal as possible. The above-described configuration does not permit this, and, instead, the shoe is very unstable on a surface and is clearly different in appearance from a normal shoe. Fig. 12 to Fig. 19 show how the same effect can be achieved if a twisted plate 16 is built into the soft undersole 12 instead of individual hard inserts 15. The sole bottom 13 will then be parallel with the horizontal H, as is shown in Fig. 13 to Fig. 18. This twisted plate 16 will be hard and will either be completely stiff or elastically flexible and will be connected to the midsole bottom 11. The space between the midsole bottom 11 and sole bottom 13 is filled by the combination of the twisted plate 16 and the undersole 12 of sand-like elasticity. The twisted plate 16 and the undersole 12 together form a resilient intermediate sole 12, 16.

Please also delete the first full paragraph on page 6, beginning at line 14 and ending at line 22, and replace with the following paragraph:

The twisted plate can be shaped in different ways. If the planes of the midsole bottom 11 and of the sole bottom 13 transverse to the walking direction are parallel, the twisted plate, as shown in Figures 13, 15, 16 and 18, will have different thicknesses across its surface. The resilient intermediate sole 12, 16 is then harder at places of great thickness of the twisted plate 16 (e.g. Fig. 16, right) and softer at thin places thereof (e.g. Fig. 16, left).